

TOPIC OUTLINE

1. Introduction
2. Enlisted demographics (age/paygrade)
3. Enlisted ratings
 - rate identification
 - advancement cycles
4. Your Command
5. Major Enlisted Milestones
 - Officer Programs
 - Limited Duty Officer (LDO)
 - Chief Warrant Officer (CWO)
 - Seaman to Admiral 21
 - Chief Petty Officer (CPO)
 - Frocking/Pinning Ceremony
 - Khaki Ball
 - Command Master Chief (CMC)/Chief of the Boat (COB)
 - Retirement
6. Current Initiatives
 - Career Navigator
 - CPO 365
 - CPO Continuation Boards
7. Questions