

TEAM BUILDING

INTRODUCTION:

Leaders must rely on the process of team building in order to integrate people and resources toward a common goal, build team identity and work toward establishing a positive organizational climate. This module includes the introduction of each class member and will provide participants with information and techniques that can be used for effective team building.

GOAL:

The goal of this module is for you to:

- become acquainted with other students
- understand the importance of building team identity
- realize the advantages of using team building games
- recognize the importance of using the appropriate team building exercise

ADDITIONAL RESOURCES:

- The big book of team building games: Trust-Building Activities, Team Spirit Exercises, and Other Fun Things To Do, John Newstrom & Edward Scannell
- The big book of virtual team building games by Mary Scannell, Michael Abrams, & Mike Mulvihill
- Flight of the Buffalo, Soaring to Excellence, Learning to Let Employees Lead, James A. Belasco and Ralph C. Stayer

TOPIC OUTLINE

1. Introduction

- introduction
- icebreaker debrief

2. What is a Team?

3. What Makes an Effective Team?

- identity
- goals
- communication
- flexibility
- enjoyment

4. Objectives of Team Building exercises

- purpose
- morale
- trust
- adaptability
- behaviors

5. Team Building Tips

- choose low-risk activities
- be brief and selective
- be creative
- evaluate your use of team building exercises