# NAVY HERITAGE, CUSTOMS, HONORS, TRADITIONS AND CPO 365

## **INTRODUCTION:**

All US military services have made great contributions and sacrifices in defending and serving their country. This tradition has left a proud legacy of dedication and patriotism for others to emulate. Throughout US history, the Navy has developed a proud heritage replete with customs and ceremonies reflecting that heritage. The Navy uses this heritage and its customs and ceremonies to instill pride and to motivate its members to dedicated and faithful service. A CMC/COB course instructor provides information to the spouses about this heritage and related customs, honors and traditions as well as CPO 365.

### **GOAL**:

The goal of this module is for you to:

- learn about and discuss Naval heritage, customs and traditions
- gain ideas for passing our history to the next generations
- provide information about the CPO 365 program

#### **ADDITIONAL RESOURCES:**

- Social Customs & Traditions of the Sea Services, Guideline Series, Naval Services FamilyLine, 2014
- Guidelines for the Spouses of Chief Petty Officers, Guideline Series, Naval Services FamilyLine, 2014
- Sea Legs, Naval Services Family Line publication, 2013
- Cherylynn Conetsco and Anna Hart, Service Etiquette, Fifth Edition
- www.history.navy.mil

"Our inheritance of well founded, slowly conceived codes of honor, morals and manners, the passionate convictions which so many hundreds of millions share together of freedom and justice, are far more precious to us than anything which scientific discoveries can bestow."

Winston Churchill

- 1. Introduction
  - heritage
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- 2. Sailor's Creed
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- 4. Traditions and Heroes
- 5. Ceremonies
- 6. CPO 365
  - Enlisted Leadership Development Continuum
  - MCPON Guidance
  - CPO 365 Phase II
  - CMC/COB Spouse Involvement
  - Mentoring Topics
  - Resources

# THE CHANGE OF OFFICE CEREMONY Sailor's Creed

I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world.

I proudly serve my country's Navy combat team with honor, courage, and commitment.

I am committed to excellence and the fair treatment of all.

# **TOPICS FOR CONSIDERATION**

- Origins of customs and traditions
- Flag/National Anthem/Service Song Etiquette
- Visiting the command (ship, squadron or other unit)
- Side boys and Piping Aboard/Piping Over the Side
- Other Command Performances
- Dining Ins/Dining Outs
- Entertaining
- Serving alcohol
- Using ranks and rates when addressing military members
- Gifts
- Chief's Pinning

# **ANSWERS TO FREQUENTLY ASKED QUESTIONS**

## **FLAG ETIQUETTE**

Indoor or outdoor ceremony, salute (w/hand over heart) when flag comes into view Remain saluting during National Anthem

Put hand down when flag leaves your peripheral vision

In a covered outdoor ceremony you can follow Uniformed Personnel Indoor ceremonies are uncovered, Uniformed Personnel do not salute Spouses/civilians should still salute (hand over heart)

#### **COLORS & RETREAT:**

When driving-Pull to the side of the road, STOP car until ceremony is complete When walking-Stop, turn in direction of flag.

#### **NATIONAL ANTHEMS:**

With or Without Flag Present: Hand to heart first note to last Anthem of Foreign country-Respectful attention

Service Song Etiquette: Stand when your spouse's service song is played

## SHIPBOARD ETIQUETTE

#### **GOING ABOARD:**

Before stepping off brow aboard ship, pause, turn and face the flag at the ship's stern

#### SHIPBOARD ATTIRE:

Low-heeled rubber-soled shoes and slacks are recommended attire due to possibility of climbing ladders. One must also remember that this is a working environment.

# **OFFICIAL CEREMONIES**

Be seated 15 minutes prior to start of ceremony Dress appropriately. Take clue from service members' uniform You will be directed when appropriate to sit or stand

## **RECEIVING LINES**

Service member goes first
Tell aide name. No need to shake hands with aide
Don't dally, especially if the line is long
NO food or drink in receiving line

# **RECEPTIONS**

Appropriate attire as indicated by invitation Say Thank You/Farewell to Host/Hostess Thank you notes are always nice and never wrong

# **GENERAL ETIQUETTE**

#### RSVP:

This is a MUST!!! Let your hostess know either yes or no in a timely manner

#### **HOSTESS GIFTS:**

Keep the gift small and under \$20 due to military regulations If bringing flowers bring arranged flowers vice loose flowers

#### ATTIRE:

As indicated by invitation. Appropriate to uniform and area of residence. When in doubt check with host/hostess

#### **INTRODUCTIONS:**

Introduce by rank or title Individual is always introduced to a group, younger person to an older person, gentleman to a woman Men stand when being introduced to a woman